

AQUATIC SECTION OF THE APTA CD

ORDER FORM

Lunch & Learn Audio-conference	Compact Disc Price	Total
<p>"Using Aquatics for Children with Autism Spectrum Disorders" – May 12, 2010 Beth Ennis, PT, EdD, PCS, ATP is assistant Professor of Physical Therapy at Bellarmine University in Louisville, KY and a private practice owner. She discusses impairments and functional limitations seen in children with Autism Spectrum Disorders (ASD), and the use of Aquatic physical therapy to address these concerns. Properties of water, developmental levels, and difficulties with motor planning will be described, and development of activities will be introduced.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	
<p>"Lumbar Stabilization: Using Evidence to Link Land and Pool Exercise" – November 18, 2009 Beth Scalone, PT, DPT, OCS, Owner, North County Water and Sports therapy Center, San Diego, Calif., explains the primary goal of a lumbar stabilization exercise program is to facilitate function to control, prevent or eliminate symptoms. Progressive exercises are performed to restore the body's ability to transfer loads and perform movements that are smooth and effortless. Aquatic therapy is an intervention frequently utilized in reaching these goals. This course will present the three phases of lumbar stabilization linking aquatic exercise with land-based progressions. Applicable research will be discussed to assist the therapist in making evidence based clinical decisions regarding lumbar stabilization exercises.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	
<p>"Aquatics and Osteoarthritis: Pre and Post-Surgical Strategies" – August 12, 2009 Doreen Stiskal, PT, PhD, Seton Hall University Chair, Department of Physical Therapy, School of Health and Medical Sciences will define Osteoarthritis (OA) and its progression of which can profoundly affect musculoskeletal tissues, resulting in impairments that impede movement and the ability to engage in physical activity. Research indicates exercise on land and water can reduce the effects of hip and knee arthritis. Specifically, aquatic exercises and activities performed in warm water provide an excellent alternative to interventions that otherwise may overload damaged joints. For some individuals, exercise and other non-pharmacological strategies fail to improve quality of life. Thus, joint replacement surgery is advocated. Aquatic physical therapy in the early stages of post-operative plan of care facilitates improvements in strength and function when coupled with land-based therapy, yet long-term outcomes do not support the need for this care. This multi-level session will highlight therapeutic interventions and community programs that can address the functional impairments and quality of life associated with OA.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	\$
<p>"Using Evidence in Practice: Writing a Case Report" – June 2, 2009 Karen Abraham, PT, PhD, Associate Professor and Director, Division of Physical Therapy, Shenandoah University, Winchester, Va., and Mary Dockter, PT, PhD, Associate Professor and Director of Clinical Education, University of Mary, Bismarck, N.D., Immediate Past Director of Education, SOWH will offer instructions on how to write a professional level case report that is suitable for submission to a peer-reviewed journal. Topics to be covered are: (1) Evidence based practice, (2) Levels of evidence, (3) Review of Guide to Patient Care Management, (4) Use of valid and reliable outcome measures, (5) Parts of a case report and what goes into each part, (6) AMA, APA formats and (7) Peer and self review.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	\$
<p>"Documenting, Coding and Billing for Physical Therapy Interventions Provided in the Aquatic Environment" – March 31, 2009 Helene Fearon, PT of Fearon Physical Therapy and the Rehabilitation Consulting & Resource Institute, Inc. discusses documentation tips to assure compliance with third party payment policy. A coding review on reporting 97113, 97150 and interaction with other CPT codes billed on the same date of service, and billing pitfalls related to aquatic therapy services. You will also learn (1) how to adhere to federal, state and local safety regulations and appropriate billing methods that reflect the type and level of service rendered, even if provided at an off-site aquatic center (e.g., Medicare and contracting at public or private pools; group/individual billing), (2) how to respond to denials of aquatic services by third party payers through appropriate channels, (3) how to provide verbal and written communication about rationale for aquatic physical therapy and techniques for payers/team members (e.g., other PTs, MDs, OTs) using terminology specific to the aquatic intervention (e.g., buoyancy resisted), (4) how to secure an appropriate referral for aquatic physical therapy as needed and coordinate services provided, and (5) how to create and implement policies and procedures for appropriate documentation and billing practices related to the aquatic environment.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	\$
<p>"Practice Management Strategies for Success: Documenting, Coding and Billing for Aquatic Physical Therapy" – October 28, 2008 Helene Fearon discusses CPT code</p>	<p>\$149 (If registered for conference,</p>	\$

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<p>“Building the Aquatic Therapy Team: Keeping Your Therapists Above the Water” – August 27, 2008 Management of a successful aquatic facility requires more than just knowing the properties of water and having a sparkling pool. It takes a team willing to use the water not just as an alternative intervention, but as one of the most important interventions in achieving patient health. Melody Medley-Keith, PTA, BS, Owner & Founder of Lakeway Aquatic Therapy & Wellness Center, Austin, Texas and her husband Barker Keith II have a thriving aquatic therapy clinic which earned the Lake Travis Business of the Year Award in 2005. Now you can hear Melody discuss her formula for building a top notch aquatic therapy team. If you have a pool and feel it is underutilized, come spend some time hearing how you can make your pool an oasis of health, fitness and profit. Learn how to get the most out of your pool!</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	<p>\$</p>
<p>"Managing the Aquatic Therapy Environment Through Facility Management and Design" – May 21, 2008 Managing air and water quality of an aquatic therapy center is critical to a high quality experience. The process to assure success starts at the facility design phase and extends through daily operations. Almost any pool and its surroundings can be improved with "smart" changes. This course, presented by Barker F. Keith II, President, CEO, Clinical Director of Lakeway Aquatics Therapy and Wellness Center, Austin, Texas, covers proven techniques from real world experiences to assure success in achieving a high quality aquatic therapy environment.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	<p>\$</p>
<p>“Hydrodynamics: Looking at Medical Hydrology” – April 16, 2008 Water, due to its unique physical properties, has been found to impact multiple biological functions affecting virtually all homeostatic systems. This course, presented by Marty Biondi, PT, CSCS, ATRCI, Therapeutic and Wellness Specialists, Highland Park, Illinois, considers both those therapeutic effects specific to water as well as those instances where immersion may be potentially deleterious for precise medical conditions. This science, known as medical hydrology, is acutely aligned to those results we anticipate for the implementation of aquatic therapy with particular diagnoses.</p>	<p>\$149 (If registered for conference, \$99) Indicate quantity: _____</p>	<p>\$</p>
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