



Member Spotlight Information

Name and credentials	Loretta M. West, PT, DMT, FAAOMPT
Practice setting	Outpatient
Where do you work?	Plano, Texas (15 min north of Dallas)
Describe your position of employment?	Owner, Physical Therapist of new Outpatient private practice
Years of experience in aquatic physical therapy?	19 years of experience in Outpatient Ortho private practice. New to Aquatic therapy
Current hometown	Warren, Ohio (45 min NE of Cleveland)
What do you enjoy doing in your time off?	I enjoy spending time with my wonderful husband. We love to travel nationally & internationally, and exercise/train for competitive bodybuilding shows.
What started your interest in aquatic physical therapy?	In my community, I realized the growing need for long-term management of the chronic pain, and bariatric patient. Aquatic therapy benefits this patient population very well.
What do you enjoy most about aquatic physical therapy?	I enjoy the subjective/objective outcomes from aquatic therapy treatment.
Why did you become a member of the academy?	I became a member of the academy to reap the benefits of savings on courses/conferences. In addition, to gain a great deal of information on best practices in aquatic therapy.
Why do you think your membership in the academy is valuable?	The academy provides information and best practices that is/are most valuable in administering the best therapy services in my community.

Please share a pic with us! It can be professional or fun.